

Advance Care Planning for Peace of Mind



MINNESOTA ONCOLOGY

Caring, down to a science.®

"I have a healthcare directive not because I have a serious illness, but because I have a family." – Dr. Ira Byock

Minnesota Oncology values understanding who you are and what's important to you and your family. We encourage all of our patients, regardless of their diagnosis to have a conversation with their loved ones in order to create a Health Care Directive. Completing the questions on the reverse side can help start these conversations.

Why are we asking you these questions?

Every person has different values and we want to respect those values. Some of these questions may not be relevant to your goals or values, and that's okay, there are no right or wrong answers. That's why we are asking you to complete the form to begin this important conversation. Please bring this document with you on your first visit.

What is a Health Care Directive?

A Health Care Directive is a legal document that says what medical actions should be taken if a person is no longer able to make decisions for themselves. These documents allow you to name someone as your healthcare agent and help them make medical decisions for you. The process for making a Health Care Directive is called Advance Care Planning, and it is important for this to be an on-going conversation between you, your family, and your medical providers.

Do you already have a Health Care Directive? If so, does it need updating?

The first step in the Advance Care Planning Process is writing down your wishes and values to identify what's important to you. If you are interested in creating or updating a Health Care Directive, ask your provider about next steps. We offer individual appointments or we can refer you to numerous community resources to help you create or update a Health Care Directive.



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Name _____

Date of Birth _____

Date _____

New Patient - Values & Goals Assessment

Here at Minnesota Oncology we believe it is important to work together to provide the best care and honor your wishes, priorities and goals. Answering the questions below will assist your provider during your visits to develop a collaborative care plan.

- *What should we know about you as a person to provide the best care possible for you? For example, do you have important activities such as vacation, work, or family events that we should be aware of?*

- *What is your understanding of your illness?*

- *How would you like information about your illness communicated with you? (i.e. verbal, handouts, electronic, with someone present with you)*

- *What fears and worries do you have about your illness?*

- *Who are your primary support people? How much do they know about your health and wishes?*

- *Who would you choose to make your medical decisions if you were unable to speak for yourself? Consider someone who knows your values and wishes and is comfortable advocating for you.*

- *What are your goals & priorities for the next few months?*

If you have a health care directive, please bring a copy with you. If not, we can provide you with a health care directive to complete.

Thank you for helping us better understand your values and preferences. We are open to discussing and revisiting this information with you at any time.

- Your Healthcare Team